



## MEMO GAMMA CUP 2018

*Dear Team leaders, Coaches, Judges and Participants, as we are not holding a technical meeting during Gamma Cup (due to time issues/efficiency) WE KINDLY ASK YOU ALL TO READ AND FOLLOW THE INSTRUCTIONS IN THE MEMO BELLOW. This to make the best possible competition for everyone.*

*Many thanks!*

Judging Schedule, Entries, Program:

<http://www.polisensimhopp.se/nyheter/?ID=28985&NID=412877>

Dive Sheets:

The competition will use Diverecorder and we ask you all to submit your dive sheets online no later than Monday the 26:th of February. Dive sheets entered after Monday may be missed out. *Of course all divers may enter any change to there dive sheet until 18:00 the day before the specific event.*

NOTE!

All entered dive sheets will be handed out upon registration to team leader/coaches at the diving pool at arrival on Thursday afternoon. If any sheet is to be changed, **YOU NEED TO MAKE THE CHANGE ON THE DIVE SHEET HANDED OUT AND GIVE TO THE SECRETARIAT. DO NOT SUBMIT A NEW SHEET IN DIVERECORDER!**

Sheets that are NOT entered, signed or changed before 18:00 the day before the event takes place will not be accepted! No signature after 18:00 means that the diver accepts the dive sheet the way it is!

All scratches are to be made to the secretariat in writing at the pool, with first name, sure name, event and hight.

To post your sheets: [www.diverecorder.co.uk](http://www.diverecorder.co.uk) ---- Gamma Cup 2018

Entry to the Pool / audience:

Divers and coaches enter through the door next to the revolving door on the backside of the pool (at the car park). The door will be open from 07.00 – end of last competition during competition days. On Thursday March 1 the door will open at 14:30.

Dry land area:

In order to be able to continue to use the dry land area we kindly ask that all our guests help us to maintain it nice and clean:

- Luggage and bags are NOT allowed in the dry land area! Use the lockers or the designated area for bags.
- *All food and beverages are strictly prohibited* in the dry land area!
- No wet divers allowed. The dry land area is supposed to be dry!
- Follow instructions given to you by our volunteers.

*Coaches must communicate this to their teams! Divers, coaches or teams who do not follow these rules may be restricted to use the dry land area!*



**Divers corner:**

We ask all competitors to keep their bags in the designated area behind the platform tower. NO BAGS WILL BE ALLOWED ON THE STANDS, IN THE DRYLAND AREA, ALONGSIDE THE POOL OR BEHIND THE SECRETARIAT.

**Training hours:**

Thur: 15.00 – 20.00, Fri: 07:00 to 10:00, Sat: 7:00 to 9.00, Sun: 7:00 to 9.00. Masters only training on 3m springboard Fri: 18-18:30.

**Start and dive lists:**

Will be posted behind each competition platform (1m, 3m, platform) before each event. You will also find them at the Live Results page on Diverecorder – Gamma Cup 2018. Click on Results in the Gamma Cup box to see all events. <http://www.diverecorder.co.uk/live/index.php>

**Results:**

Will be posted on the wall in the corridor to the diving pool during the competition weekend and on our website and Diverecorder after competition weekend.

**Awards Ceremony:**

Takes place immediately after each event. Medals will be handed out to places 1-3.

**Dressing rooms:**

Padlocks needed to cabinets. The numbered dressing rooms are to be used (5-6 women, 8-9 men).

**Meals:**

Meals are served in the cafeteria for those clubs who have ordered. Tickets for meals will be given to teams at arrival.

**Meal times:**

Dinner Friday + Saturday: 17.30 – 19.30.

Lunches Friday, Saturday, Sunday: 11.30 – 13.30

**Questions:**

[info@polisensimhopp.se](mailto:info@polisensimhopp.se) or contact Head of competition Hedvig Ekblom: +46 (0)736 31 11 51

Questions regarding dive sheets, [mossmyran@gmail.com](mailto:mossmyran@gmail.com).

WELCOME TO GAMMA CUP!